



Young Leaders Program



Personal Leadership



STUDENT WORKBOOK



Self-assessment: Are you a good role model?

ARE YOU A GOOD ROLE MODEL?	ALWAYS	MORE OFTEN THAN NOT	NEVER
1. Are you enthusiastic when you approach tasks?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 0
2. Do you consciously do the right thing even when it is hard?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 0
3. Do you speak to others as you want to be spoken to respectfully and without putting them down?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 0
4. Are you friendly to your schoolmates?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 0
5. Do you worry about what others think of you?	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
6. Do you look forward to most things you do?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 0
7. Do you have a positive attitude towards most things?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 0
8. Do you tell the truth?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 0
9. Can people rely on you to do what you say you will?	<input type="radio"/> 3	<input type="radio"/> 1	<input type="radio"/> 0
10. Do you help others even when it doesn't suit you?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 0
11. Would you help someone even if no one will know it is you?	<input type="radio"/> 5	<input type="radio"/> 2	<input type="radio"/> 0
12. Do you play games by the rules without complaining if decisions don't go your way?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1
13. Are you a good loser?	<input type="radio"/> 3	<input type="radio"/> 1	<input type="radio"/> 0
14. Are you a gracious winner?	<input type="radio"/> 4	<input type="radio"/> 1	<input type="radio"/> 0
15. Do you blame others when things don't go well or you have done the wrong thing?	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 3
16. Do you like to try new activities even if you know you won't be successful?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 0
17. Do you solve problems by arguing or showing you are right?	<input type="radio"/> 0	<input type="radio"/> 0	<input type="radio"/> 3
18. Do you encourage your friends if they are having difficulty?	<input type="radio"/> 4	<input type="radio"/> 2	<input type="radio"/> 0
19. Are you bossy?	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 3
20. Do you remain calm and assertive rather than become aggressive when others don't think the same way as you do?	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 0

Self-assessment: Questionnaire

PLEASE COMPLETE THE FOLLOWING EVALUATION FORM BY CIRCLING THE NUMBER CLOSEST TO HOW YOU FEEL	1 = NO 5 = ABSOLUTELY
1. Are you happy to speak in front of others?	1 2 3 4 5
2. Do you take responsibility for your actions?	1 2 3 4 5
3. Are you responsible for your belongings and those of others?	1 2 3 4 5
4. Do you attempt activities even if you don't feel confident?	1 2 3 4 5
5. Are you organised?	1 2 3 4 5
6. Do you work well with others in a group activity?	1 2 3 4 5
7. What are some words or phrases you would use to describe a good leader? Think of someone you admire to help you. Try to think of at least five words or phrases.	



Name game

WRITE THE NAME OF SOMEONE WHO:	NAME
1. Writes with the same hand as you	
2. Barracks for the same team	
3. Has a dog	
4. Has a birthday in the same month as you	
5. Has a red bike	
6. Has the same number of brothers and sisters as you	
7. Plays a musical instrument	
8. Eats broccoli	
9. Has travelled outside Australia	
10. Is the same height as you	
11. Speaks more than one language	
12. Has curly hair	
13. Knows the answer to the times table question 7×15	
14. Has been water skiing	
15. Has a bank account	
16. Had toast for breakfast this morning	
17. Has changed schools twice	
18. Has read the same book as you	



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